



ADVENT~~CHRISTMAS 2025

Bethlehem's Heart Journey

Christmas is... Love born in your heart everyday.

Advent calls all Bethlehem hearts to...

...embrace life with compassion

...let go of self-centeredness

...welcome other hearts with great kindness

This wonderful Prayerful Journey of carrying a light within our heart each day of Advent encourages and inspires us

...not to be great ...but to be more gracious

...not to be powerful...but to empower one another to be Jesus' love

...not to be first...but to join the least and find a heart with wonderful, loving ways.



Heart to Heart Ministry
An Extra Tablespoon of Love!



Advent begins...



Let us see an ordinary light beam become brighter by sharing and becoming a charity with a humble glow.



Light the way for someone today by just being a holy "presence".



Wait with a courageous hope that believes with all your heart that small miracles happen with faith by your side.



Be a reflection of Jesus' love by radiating a joy within that trusts in the Lord...with all your heart.



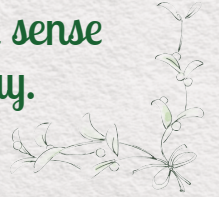
Help us, Lord, to be patient hearts that wait with a calmness of spirit.



May our hearts during this Advent season be eager to say “Yes” to what and how the Lord calls us ...to be His light.



May our hearts of compassion bring a sense of comfort and solace to someone today.



May we tend to hearts searching for a vision of understanding with deep respect.



May the example of Mother Mary show us how to journey deeper into the unknown with a trusting and loving heart.



May the Bethlehem heart help us to embrace the mission to be a Peace-Giver to and with all of humanity.



May the holy journey be one of heart to heart encounters that help each one of us to carry the Advent lights together.



Let us prepare our heart today to walk into the darkness of life with a light of faithfulness.



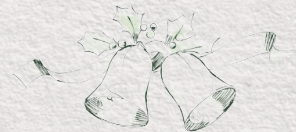
Let your heart illuminate someone's life today by sharing the stable story of Jesus being reborn in every human heart.



Think of how the light within your heart will stir the flames of...
...justice and mercy
...tenderness and compassion



May your Bethlehem Heart Journey bring you to a holy space of...
...transformation and humility
...harmony and unity of spirit



Our faith helps us to hold and care for the light of Divine Love. Hold that light for someone today to feel the transforming light of Jesus' love.



Make a positive impact on someone's heart journey so that they also know that they are part of God's beloved light here on earth.



As you journey to become more of a loving Bethlehem heart today, may a light shine more deeply within so others feel...

...solace and peace

...acceptance and consolation



Let us with our “little” heart-light journey to the stable, find a “little” one there blessing us and reminding us that humility is where Jesus is constantly reborn.



Sit quietly... and be calm (hum “Silent Night”). Look up at the night stars. Believe...that the Light of Christ will lead you to where the Lord wants you to be and to serve Him.



Remember that the light in your heart becomes more brilliant as you give birth to love ...even in the darkness of Advent time.



Oh Bethlehem Journey...the closer we draw nearer to the Lord being reborn, we realize that our light can be more ...forgiving ...healing ...loving



The Heart of the Bethlehem Journey is full of the abundance of God’s love. How will you share an abundance of ...hope and joy ...peace and love today?



As our journey to the stable of love draws near
this Christmas time, may our Bethlehem hearts
be more...

...hopeful for world peace

...joyful for those who have been oppressed

...peace-filled for all those who are searching and
yearning



Let us wrap our gifts with Bethlehem's love by
sharing heart to heart in ordinary and sometimes
extraordinary ways of giving extra
kindness...from the heart.



Today is Christmas Day. Christ born in you ...in
me too. Let our Bethlehem hearts pause, pray,
and remember that we are put on earth, a little
space to bear the beams of Divine Love for one
another.

Christmas is most truly Christmas when we
celebrate it by giving the light of love to those who
need it most...



...and Jesus was born and we all become love
incarnate.



Where will your Bethlehem light of love shine today?



Let today be a reminder of love shared, celebrated, given away, received, and transformed.



How is the Joy of Bethlehem Love dwelling within you today?



How will you share God-Peace today in your Bethlehem heart?



Remember ~~ Love born in a stable is love born in your heart.





New Year's Eve! May the Glory of this holy season of Advent ~~ Christmas Joy welcome in a New Year (2026) filled with the message of Peace on Earth, and may it begin in our individual and collective Bethlehem Hearts of hope...scattering love to and with all.

The work (meaning) of Advent ~~ Christmas time begins when you and I become the blessings of Jesus' love right where we are.



This is when the Glory of God shines love ever so bright as the Bethlehem star living in you...and me too.

1. What light will you follow into the New Year?
2. What light will you beam into your daily faithful sojourn so that others will have more light to follow?



May our heart keep vigil each day of this New Year (2026),
as we give birth to the heart of Jesus' love.



Sister Ave Clark, O.P.
Heart to Heart Ministry
151-58 17th Road
Whitestone, New York 11357
718-428-2471

